David White and Mahannop Benz Jomtanawat offer their personal experiences with multi-core technology in "User Experience: How We Have Adapted to Multi-Core Technology." They give us some great insight into why some software doesn't work as well across multiple cores and how to solve performance problems in this environment.

Avijit Goswami presents his tuning expertise in "Improving DB2 Performance for Batch and DRDA Applications." He offers his experience in using new DB2 features and changing parameters and DSNZPARMS can help both batch and online performance. He also highlights different performance tools.

Adam Grummit has kindly provided us with another excerpt from his book, Capacity Management: A Practitioner Guide. This section is entitled "Leptokurtosis, Litotes and Other Seemingly Diseased Techniques in Statistics and Syntactics." Gain some insight into how to use statistics in capacity planning.

Dr. Thomas Bell is back this month with another installment of "Preparing for Your Final Career: Retirement." This month, he talks about required minimum distributions. Dr. Bell tells you what you need to know to avoid the extremely negative tax consequences if you don't take the required minimums and offers his personal experience with this situation. Better forewarned and ready than finding out too late. It's never too early to start with your retirement planning.

Joe Delano, Wells Fargo, brings us an article on "Roth IRAs." Good basic information; and keep watching this space for updates in 2010 on what you might be able to do with existing IRAs to position yourself better for taxes later.

Denise Kalm brings you a book review this month, highlighting a book she purchased at SHARE. The book of the month is Sway - The Irresistible Pull of Irrational Behavior, by Ori and Ram Brafman. Why do we do things that make no sense? The answers are quite interesting and may help you avoid these issues in the future.

Denise Kalm presents another edition of "Your Career Coach" with "The Secret at Work." If you have heard about "the Secret" (or even if you haven't), learn how to apply this strategy in your life.

Join us on the CMG Forum. Become a part of our new social network. www.cmg.org/forum. It is open to everyone. We can also now be found on Facebook and you can follow us on Twitter.

Sign up now - get your money and request in early, making sure you
actually get to go this year. CMG’09 is in Dallas, TX from 12/6-12/11. And if you had a great paper idea and didn't make the deadline, send it to measureit@cmg.org. If you will be attending, please consider volunteering; Nell Owens, our Volunteer Coordinator is looking for help. Learn more in "Session Chairs and Monitors Needed!" This conference belongs to all of us and it only works when we all help.

For those of you wishing to go but being pushed instead into technical training, read "Seven Reasons Why CMG Makes More Sense than a One-Week Training Class." CMG is really the best "bang for the buck." And learn from the Program Chair why this is the best place to be if you want to learn about Cloud (and more) in the CMG 2009 October Update.

Mainframers - looking for a virtual home? Read "Up and Running Again - www.Trexxers.com" and check out the site for mainframe information, collaboration, community and fun.

Inside the CMG Bulletin we have the following CMG News items:

Tom Kelman gives you the calendar for your local CMG in Upcoming CMG Regional Meetings. Mark your calendar with the regional meeting in your neighborhood and plan on attending and bringing a colleague. Both North American and International meetings are highlighted.

- Greater Boston CMG (GBCMG) Thursday, October 29
- Connecticut CMG (CTCMG) Friday, October 30
- Northern California CMG (NCCMG) Tuesday, November 3
- Philadelphia CMG (PHCMG) Thursday, November 12
- St Louis CMG (STLCMG) Tuesday, November 17
- Southern California CMG (SCCMG) Friday, November 6
- CMG-AE Thursday, October 22 and Tuesday, November 24
- Central Europe CMG (ceCMG) Friday, November 13

We have a review of the Philly CMG meeting. If you attend a local meeting, please consider writing it up - anyone can do it. This helps build your chapter and also shares information with those who couldn't make it.

If you aren't attending a regional CMG meeting, consider reading some of the regional reports to see what you are missing. It’s not only a great education; it’s also a great way to get started building your network. Learn more about regional participation in "Regional Meetings - When CMG National is Out of Reach."

We are always interested in receiving your comments, suggestions, and submitted articles. Help us make Measure IT even better in 2009.

This issue was made possible through the hard work and dedication of the Measure IT volunteer staff, and the contributions of willing authors. We're always looking for new editors and new writers. We have an international following so are particularly hoping for more participation from the rest of the world.

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